

FEB 2020
ISSUE 06

the bite

WHOLE LOTTA RESOURCES

WE NEED COOLIN' CUZ THESE RESOURCES
GOT US DROOLIN'. THEY'RE GONNA KEEP
US FROM DROPPIN' SCHOOLIN'

MY HEART WILL GO ON

NEAR, FAR, WHEREEVER THEY ARE WE
BELIEVE THAT OUR STUDENTS WILL GET
MATCHED. ONCE MORE, DICAS OPENS
THE DOORS. IF WE'RE REJECTED OUR
HEARTS WILL GO ON...



  
For the Love of Food

Driftin' on a memory
Ain't no place I'd rather be
Than with food, yeah
Lovin' food, well, well, well

Day will make a way for night
All we'll need are herbs and spices
And groceries, yeah
turn on the stove, well, ooh

Glad to be
Eating, at home, with a meal unlike no other
Sad to see
An empty bowl slowly comin' into view, yeah

Isley Brothers - Living for the Love of You



DICAS Checklist



For our seniors applying to Dietetic Internships, here are a few things you'll wanna check twice before submitting your DICAS!

D&D Matching Prioritized

The DICAS and D&D websites are separate! You have to make an account for both and link them.

Transcripts and Coursework

Order your transcripts to DICAS and make sure the coursework you enter match your transcripts.

Declaration of Intent

You receive this by requesting your Declaration of Intent through DICAS.

Personal Statement

Make sure it is individual to the programs you wish to apply to.

Resume and Employment History

Don't sell yourself short! Use your experiences to assess your strengths and weaknesses.

Honors and Awards

Have you ever volunteered, received a scholarship, or gotten Dean's List for GPA Honors?

Recommendation Letters

Ask for them in advance! And if you didn't...don't be afraid to still reach out.

Supplemental Material and Program Designations

This is a tricky one..you'll want to designate material to the programs you're applying to..don't send in a blank application.

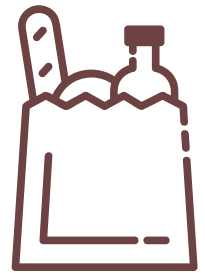
BREATHE



Good Luck and Never Give Up!



Free Food Resources



There are many free food resources available for students to use on campus. Even if you don't need these services, maybe you should consider joining as a staff or volunteer to accumulate experiences!

CALFRESH HELP CLINIC

Visit CalFresh Help Clinic located in HPW to see if you qualify for CalFresh, a program that gives you money each month to buy groceries.

A.S FOOD PANTRY

Every Monday, receive 1 weeks' worth of food ranging from seasonal fresh produce to pantry essentials. Where: Annex When: 12:00p.m-3:00p.m.

A.S FOOD CUPBOARD

Every Wednesday & Thursday, pickup emergency meals & snacks. Where: Cesar Chavez Students Center, Bottom Level When: 1:00p.m-6:00p.m.

GATOR GRUB APP

Download the SFSU mobile app and be notified when there is free food on campus.

BE A GOOD NEIGHBOR, FEED A GATOR

Obtain 10 free meals at City Eats to qualifying students. Visit CalFresh Clinic in HPW to find out more.

CITY EATS FOOD RESCUE

Volunteer 2hrs of your time on Friday nights to rescue 100s lbs of food from being thrown away annually. Receive a free meal from City Eats in return. Email: Erc@mail.sfsu.edu Where: City Eats. When: 7:15p.m-9:00p.m.

SNDA SOCIAL MEDIA RESOURCES

SHAMELESS PROMO

Join us on social media to get weekly updates!



<https://www.facebook.com/SFstateSNDA/>



@sfsu.snda



<https://www.sfsu-sda.com>

CHECK OUT THESE SFSU RESOURCES

OPPORTUNITIES TO EXPAND YOUR EDUCATION AND PRACTICE ON CAMPUS

Google these SFSU services to learn more!



**ASSOCIATED STUDENTS
GATOR GROCERIES**

WEEKLY FOOD DISTRIBUTION
Every Monday
12:30PM - 3:00PM
Annex 1

EMERGENCY MEALS & SNACKS
Every Wednesday & Thursday
1:00PM - 6:00PM
Cesar Chavez Student Center
Recreation & Dining Level

AS



Dates to know

SNDA

FEB 15

DICAS dietetic internship deadline by 11:59 pm Central Time

FEB 18

Guest Speaker:
Hanna Rifkin, RD
SFSU DPD, GGDI
9:00 AM - 10:00 AM
Student Health Services -
Conference Room

SFSU

FEB 14

Last Day to Drop without withdrawal

FEB 21

Graduation Application Deadline

MAR 23 - 28

Spring '20 Break/Recess

VOLUNTEER

SPRING 2020

Volunteers Wanted
Gain experience in
Nutrition and Food
Services!
Contact Jessica Fruitman
jessica.fruitman@va.gov

Second Harvest of
Silicon Valley Health
Ambassador Opportunity!
Contact SHFB
nutrition@shfb.org

the end

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WE HOPE YOU ENJOYED THE FEBRUARY
SPRING 2020 SNDA NEWSLETTER

